

Curriculum Vitae 2026

Cecilia Graziano



Reservoir, VIC AUS



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PROFESSIONAL SUMMARY

Experienced Osteopath, Clinical Educator, and Clinic Director with over 14 years in private practice and multidisciplinary healthcare settings. Founder of Osteo4Health and Co-Director of High Street Holistic, leading clinic operations, practitioner management, and patient care across diverse populations.

Passionate about paediatrics, chronic pain management, and movement-based rehabilitation, with additional expertise in Clinical Pilates instruction. Highly experienced in clinical supervision and teaching at Victoria University, with international teaching and mentoring experience.

Strong focus on collaborative healthcare, business development, and delivering high-quality patient outcomes.

KEY SKILLS

- Osteopathic Treatment (all age groups)
- Paediatric & Family Care
- Chronic Pain Management
- Clinical Pilates (Mat & Equipment)
- Multidisciplinary Collaboration
- Clinical Education & Supervision
- Clinic Operations & Leadership
- Practitioner Mentoring
- Business Development & Systems

PROFESSIONAL EXPERIENCE

Co-Director & Osteopath

High Street Holistic – Preston, VIC

2019 – Present

- Co-founded and manage a multidisciplinary clinic alongside podiatry services
 - Oversee clinic operations including practitioner onboarding, room leasing, scheduling, and systems
 - Deliver osteopathic care to a wide patient demographic
 - Coordinate cross-referral pathways across allied health practitioners
 - Manage business growth, administration, and team structure
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Owner & Principal Osteopath

Osteo4Health – Preston, VIC

2016 – Present

- Established and grew a successful private osteopathy practice
 - Provide patient-centred care across acute and chronic conditions
 - Integrate manual therapy with exercise-based rehabilitation
 - Built strong patient retention and referral networks
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Clinical Supervisor & Sessional Academic

Victoria University – Melbourne, VIC

2017 – Present

- Supervise final-year osteopathy students in clinical settings
 - Assist in teaching practical technique classes (HVLA, medical subjects)
 - Mentor students in clinical reasoning and patient management
 - Contribute to development of competent, practice-ready graduates
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Senior Tutor & Clinical Supervisor (International)

SALT Health Solutions – Mumbai, India

2016 & 2017

- Supervised Australian osteopathy students in hospital settings
- Worked alongside multidisciplinary medical teams
- Guided students in clinical application and patient interaction

Senior Tutor – Hands with Heart Program

Bali, Indonesia

2019

- Led teams of osteopaths treating children with disabilities
- Provided mentorship and clinical guidance in complex cases

- Contributed to international community healthcare initiatives
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Osteopath (Subcontractor)

Darling Corner Osteopathy – Malvern East, VIC

2011 – 2019

Osteopath (Subcontractor)

Osteo4Kids & Adults – Preston, VIC

2011 – 2016

Remedial Massage Therapist

2003 – 2010

- Worked in private practice while completing osteopathy studies
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QUALIFICATIONS

Master of Health Science (Osteopathy)

Victoria University

Bachelor of Health Science (Clinical Science)

Victoria University

Master of Health Science (Human Nutrition)

Deakin University

Graduate Diploma of Health Science (Nutrition)

Deakin University

Certificate IV – Remedial Massage Therapy

Bachelor of Health Science (Biomedical Science)

Victoria University

PROFESSIONAL DEVELOPMENT

- APPI Clinical Pilates (Mat & Equipment) – Fully Qualified Instructor
 - Neuromuscular Dry Needling (Beginner & Intermediate)
 - Paediatric Osteopathy (Multiple courses)
 - SCTF Cranial & Functional Technique Courses
 - RockTape Certification
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RESEARCH

- Maternal Health Nurse Referral Patterns – Victoria University
- Childhood Obesity – Deakin University

PROFESSIONAL REGISTRATION

- Registered Osteopath – AHPRA
- Member – Australian Osteopathic Association (AOA)

REFEREES

Available upon request
